

Below is a list of ways you can reduce excess moisture and humidity within your home.

General

- ✓ Keep windows and walls dry inside the home by ventilating rooms through opening windows or doors, using extractor fans and heating rooms with dry heat
- ✓ Let the sun into the home by opening curtains and blinds during the day

Family & Lounge Areas

- ✓ Carpets/rugs should be regularly aired and cleaned
- ✓ Do not have too many indoor plants
- ✓ Ensure that regular cleaning is carried out; dirt and dust can be a contributing factor to mould growth

Kitchen

- ✓ Cooking can generate large amounts of steam. Run the exhaust or range hood fan to prevent build up of steam and moisture
- ✓ Try using lids on pots and pans to avoid steam build up
- ✓ Ensure exhaust or range hood fans are regularly cleaned to avoid blockages

Heating

- ✓ Providing a continuous low level of dry heat can reduce condensation and mould growth
- ✓ On cool days, try to keep the inside temperature at least 5°C higher than the outside temperature

Bathroom

- ✓ Run the exhaust fan when using hot plumbing to prevent build up of moisture on surfaces
- ✓ Open the bathroom windows to allow the moisture to escape
- ✓ Ensure the exhaust fan is clean and clear at all times
- ✓ When filling your bath, add cold water first to reduce steam production

Laundry

- ✓ Dry clothes and linen thoroughly before putting them away
- ✓ When using a drier with a vent on the front, open a window to avoid moisture build up
- ✓ Dry clothes in a cool area - This may sound strange & it will take longer, but less moisture will be held in the air

Bedrooms & Cupboards

- ✓ Keep cupboards and bedrooms uncluttered and well ventilated
- ✓ Store dry items in sealed, plastic containers
- ✓ Maintain good air movement in storage areas

For a **FREE** inspection, contact Mould Cleaning Australia; your local area professional in mould remediation